

Condition of Emperor Maximilian's Widow Causes Grave Anxiety.
Brussels, Jan. 5.—The Gazette says that the condition of ex-Empress Maria Charlotte, widow of Emperor Maximilian of Mexico, is causing grave anxiety. Recently she has had several attacks, in the course of which for the first time in many years she has been unable to eat. The former empress has been insane for many years, and has not been in such condition as to warrant her being informed of the death of her brother, King Leopold.

Aiding Digestion.
Dr. Fletcher says chew every particle of food taken 32 times. At that rate it would be possible to finish dinner by supper time.—New Haven Palladium.

Health Cranks and Food Faddists

Have Evolved Some Strange and Wonderful Theories Concerning Stomach Treatment.

A Trial Package of Stuart's Dyspepsia Tablets Sent Free.

Within the last 20 years there has sprung into existence theories by the score relative to the kinds of food that human beings should eat, and should avoid. With the tremendous increase in nervous and stomach diseases which are caused by the strenuous life of this neurotic, neurasthenic age in which we live, we are constantly having our attention called to some food faddist's "new idea" on the subject of alimentation.

Most prominent among these theories is the vegetarian who insists that meat was never intended for the human stomach, despite the fact that his ancestors for 6,000 years or more, used it as their principal article of diet, and the old patriarchs of Biblical History who lived to prodigious old ages were meat eaters. All of the great nations of history have been users of meat, and all of the most powerful and advanced countries of today employ it extensively in their dietaries, and their superior development and high degree of civilization are in strong and striking contrast to the decadent and degenerate nations of Asia and the tropics, whose inhabitants are vegetarians.

Another fallacy which has lately become a fad, is the so-called "low-proteid" diet. Now, the foods which are rich in proteids are the ones which build up nerve, brain, muscle and blood, so that any great reduction in the amount of proteid simply means semi-starvation for the most important centers of the system, the ones on which we depend the most to enable us to successfully fight the battles of life. Those nations whose people use foods containing but little proteid are never of large frame or well-built. The Japanese, who have always been small of stature, have since adopting a more liberal proteid diet, shown a remarkable increase in size, vigor and general development; and it is only since Japan became a meat-eating nation that it has developed into a world-power.

Still another theory lately advanced is that sugar, pepper and salt are gastric irritants and irritate the mucous membrane of the stomach, although it is known that sugar possesses a high caloric value, while pepper and salt assist digestion rather than interfere with it, as is claimed. The no-breakfast plan, the two-meal per day, and even the one meal daily has been advocated, while some advise a two or three weeks' fast, during which all food is withheld from the stomach "to give it a rest," completely ignoring the fact that the system's tissues are being constantly re-newed and cast off, and new material to rebuild them must be supplied from the food.

It is utter nonsense to concern one's self about all these absurd and illogical theories, as life is entirely too short, and there are other things requiring our attention. Eat what you want when you want it, and as much as the system needs to replenish its waste, and then take one or two of Stuart's Dyspepsia Tablets, and forget all about food fads and stomach troubles. They digest all kinds of food so thoroughly you won't know you have a stomach. They are powerful digestors of every kind of food though harmless to the system and may be taken at any time and in any quantity. Get a box from your druggist for 50c, and send us your name and address for free sample. Address, F. A. Stuart Co., 150 Stuart Bldg., Marshall, Michigan.

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Insurgents Not Scared Into Silence

Says Representative Harris of Nebraska—Believes the President is Making a Grave Mistake—Talk of Taft-Cannon Combine.

Washington, Jan. 6.—"The insurgent republicans of the house are not intimidated by the action of the administration in withholding patronage from them and are not scared into silence by any apparent combination of President Taft and Speaker Cannon. This was the declaration of Representative Harris of Nebraska, one of the leading 'insurgents' of the house. Mr. Harris resented stories appearing in one of the Washington and New York newspapers today to the effect that the 'insurgents' were 'lying down' owing to the attitude of the administration. On the contrary, Mr. Harris criticized President Taft himself and the administration for slinking out 'insurgent' representatives for punishment.

Believes Taft is Making Big Mistake.
"President Taft is making a grave mistake by aiding Cannon in this way, and I want to say so unhesitatingly," continued Mr. Harris. "I do not object, nor do any of the 'insurgents' object, so far as I know, to the withholding of patronage from us. But I denounce this slinking out of the men who have opposed Cannon as a house organization for a nibbling of punishment."

"How can the president say that we are opposed to his policies and declare

that we are to be punished for it, when we have not opposed his policies in any way? We do not, in fact, know yet what President Taft's policies are to be. We have not even received his messages upon several important subjects, still we have been punished. Postmaster General Hitchcock has admitted that we are being discriminated against right now, though we have done absolutely nothing to merit it excepting to oppose Cannon and the house machine."

Will Continue Fight Against Cannon.
"The president is aiding Cannon. There is no other construction that can be placed upon this move of the administration. I want to say that this effort to defeat us by starting fights against us at home is open to very vigorous criticism. I have no objection to Speaker Cannon or any of his supporters coming to a fight upon me they wish to make, but I do deny that the republican congressional committee has any honorable right to attack me. It is unjust and unfair."

"The fight of the 'insurgents' in the house will continue against Speaker Cannon and the house rules, which he personifies. We will not, however, oppose any policy of the president as long as it is republican doctrine."

Genuine Sensation in the Senate

Ballinger-Pinchot Controversy Doubly Intensified by Reading of a Letter from Pynchot Addressed to Senator Dolliver—Senator Hale Rebukes Chief Forester.

Washington, Jan. 6.—The Ballinger-Pinchot controversy was made doubly intense today by the reading in the senate of a letter addressed by Mr. Pynchot to Senator Dolliver, in which the course adopted by L. R. Glavis with the assistance of Messrs. Price and Shaw of the bureau of forestry, was warmly approved. In this communication the chief forester not only upheld the criticisms of Secretary Ballinger but suggested that the president himself was mistaken in the facts when he removed Mr. Glavis from the public service.

Brought Senator Hale to His Feet.
Mr. Pynchot's letter brought Senator Hale to his feet with a severe rebuke of the chief forester for having ignored a recent order by the president directing that no subordinate officer should give information concerning the affairs of the government except to his superior officers. He also suggested that the adoption of this course tended to forestall all prejudice of public opinion in relation to the Ballinger-Pinchot controversy.

Jones' Joint Resolution Referred.

Proceeding this incident, Senator Jones' joint resolution for an investigation of the interior department and the forestry bureau was referred to the committee on public lands, but the conference was not made until after considerable discussion of a resolution by Senator Newlands instructing the committee on public lands to report within two weeks recommendations for legislation putting into effect the recommendation made in Secretary Ballinger's last annual report for the conservation of natural resources. The Newlands resolution also directed that the committee on public lands should report to the committee on public lands.

While the senate was taking this action the house was declining to enter upon a discussion of the joint resolution introduced by Mr. Humphrey. The resolution went over until tomorrow.

What Pynchot's Letter Said.

In the senate, Mr. Pynchot's letter caused a genuine sensation. In addressing his letter to Senator Dolliver, Mr. Pynchot indicated that it was written at the request of the Iowa senator, but it was addressed to him as chairman of the committee on agriculture, thus making it an official document. He said that Messrs. Price and Shaw prepared an official report upon their actions, which he was transmitting to the secretary of agriculture.

"This report shows that Messrs. Price and Shaw made public certain information regarding the so-called Cunningham claims for coal lands in Alaska," said Mr. Pynchot. "The effect of the publication was to direct critical attention to the action of the interior department."

"It shows also that they countenanced the publication by L. R. Glavis of certain facts concerning these claims after he had been dismissed from office and that in other ways they endeavored to direct public attention to the imminent danger that the Alaska coal fields, still in government ownership, might pass over into private hands with little or no compensation to the public."

This information, Mr. Pynchot adds, was of a nature proper to be made public, "unless there are secret which the people of the United States are not entitled to know concerning the source, nature and progress of claims made for portions of the public lands."

"The rumor," he said, "that the Glavis report to the president was prepared by the action of these officials acted on information they had concerning the danger of the loss of the Alaska coal lands, Mr. Pynchot continued. "Action through the usual official channels and finally even an appeal to the president had resulted because of what I believe to have been a mistaken impression on the part of the president. The refusal of the secretary of the interior to assume responsibility in the case had left their conduct wholly in the hands of subordinates, each of whom was apparently committed in favor of the patenting these claims."

Deserved a Reprimand and Got It.

Price and Shaw, he said, deliberately chose to risk their official positions rather than permit what they believed to be the wrongful loss of public property. Having violated a rule of propriety between the departments, Mr. Pynchot said they deserved a reprimand and received one. "But I shall recommend," he added, "without hesitation, that no further action in their case is required."

Mr. Pynchot said the action of these

subordinates was most unusual, but suggested that the situation which prompted it was quite as unusual. "Price and Shaw," he said, "successfully directed public attention to a national danger. They increased the people's interest in the people's property and powerfully fostered the desire to conserve it. There is now far less chance that the Alaska coal fields will pass into the hands of fraudulent claimants than there was before they acted."

"They acted on what they believed to be trustworthy information. Many considerations which had not been brought home to the president's mind, as appears from his letter of September 13, had weight with them."

"The rules of official decorum exist in the interest of official administration and of that alone. If they are used to prevent an honest and vigilant official from saving the property of the public, their purpose is violated and they have become worse than useless. Price and Shaw concede that what they did transgressed propriety. But measured by the emergency which they faced them, by the purity of their motives, and the results which they accomplished, their breach of propriety sinks well nigh to insignificance."

No Desire to Shirk Responsibility.

Mr. Pynchot said he disclaimed any intention or desire to shirk any part of his own legitimate responsibility for what was done by these two subordinates. What they did, he added, raised a question of principle which should not be obscured by the fact of personal consideration or possible mistakes on their part. They did for the people of the country, he said, what the people would have done for themselves had they been in the situation to do it."

Upon the conclusion of the discussion of the Pynchot letter, the president's message transmitting Attorney General Wickersham's report on the Ballinger case was laid before the senate, but Mr. Wickersham's long report was not read. It was referred to the committee on public lands.

Senator Nelson, chairman of the committee on public lands, has called a meeting for Saturday morning to consider the several resolutions relating to the investigation of the Ballinger-Pinchot controversy.

League Against Combines.

Organization of a national anti-trust league, now under way, with headquarters at the capital, may be regarded as the most important step in the movement of the consumers against excessive prices charged for some products which have fallen into monopolistic hands. The means of operating a national boycott, however, in the effort to bring prices to a popular level, may involve the promoters in some legal difficulties, for while the primary boycott is possible without conflict with the statute, still the courts have

shown themselves hostile to some measures for enforcing it. It must be admitted, however, that the consumers are but following the lead of the United States government, for it is but a few days ago that some of the officials at Washington decided that the purchasing agents in their departments should not be permitted to buy supplies from a corporation which had been declared to be illegal because operating in restraint of trade. It will be interesting to observe how sincere the mass of consumers are in their expressions of hostility, for their sincerity may be gauged by the eagerness with which they take hold of this weapon now held out to them.—Omaha Beg.

Arms and the Man.

One William Garvens, a manufacturer of Hanover, who has been ennobled by Emperor William, indulges with humor that is not unbecomingly unscrupulous, in a satire on the customs of German nobility by adopting as a coat of arms his trademark, representing a pair of scissers on one side of the shield and on the other a man working a pump. Should there be any widespread disposition to follow Herr Garvens' example, it must shock esthetic souls to contemplate the future of German heraldry. With armorial bearings depicting products of the mill and shoe starting one in the face on every hand, it will be a question if the survival of heraldry is worth while. Stripped of its dignity and its romance, this traditional institution will have lost its prime appeal to knightly pride. However, there is no mistaking the fact that knightly pride is on the down grade, anyhow. When knights began wearing frock coats and tall silk hats the beginning of the end was in sight. Hence the Garvens innovation is not unique in its offensiveness. It is rather a sign of the times and it is but one of many such showing that, where inherited privilege once was dominant, uncertainty now holds sway.—Pittsburg Chronicle-Telegraph.

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